

APPLICATION 1: FRIENDS OF TIDDENFOOT WATERSIDE PARK

13. Total cost of project? £1000

14. Grant requested (maximum of £500) £500

15. How much has already been raised towards the project? £500

16. How will the balance be funded? (if applicable) From funds. We have over £1600 in the bank, but outstanding invoices of £1098 -05.

17. Has any further grant funding been sought for this project? (if so, please specify details) no

18. Has the organisation sought more than one quote for the project? (please enclose copies if possible) no

21. Project details

To replace worn out and broken hurdles. These hurdles protect parts of the Greensand Ridge acid grassland areas. In various areas around the Park By enhancing and protecting the biodiversity of the Park. Regular visits to the Park determine what is needed. Hurdles cost £40 each. Thus we would be able to buy 25.

22. How many people in Leighton-Linslade do you expect to benefit directly from the project?

All those who visit the Park.

23. Please advise the timescale for the project.

The Friends undertake workdays every month and these will be installed at the earliest opportunity

24. Will the project require ongoing financial support, e.g. maintenance? If so, how will this be funded?

Yes, through grants and donations

APPLICATION 2: CHUMS Charity

13. Total cost of project? 2500

14. Grant requested (maximum of £500) 500

15. How much has already been raised towards the project? We have secured a minimum £500 but are hopeful of securing £2,000 via the public token vote at Tesco Flitwick. 16. How will the balance be funded? (if applicable) If we come first in the Tesco vote we will secure £2,000. This will be known in early April before the trustees meeting so I can update you then.

17. Has any further grant funding been sought for this project? (if so, please specify details) Groundwork /Tesco Leighton Buzzard so far.

18. Has the organisation sought more than one quote for the project? (please enclose copies if possible) These are programmes that run throughout the year dependent on securing funding

21. Project details:

The Recreational Therapeutic music programme is due to take place at Greenleas School in Leighton Buzzard in the summer or autumn term 2022. These programmes allow vulnerable children and young people, identified by their teachers, to benefit from group engagement while enjoying a creative activity. This encourages them to explore their difficulties and build trusting relationships with their peers and the CHUMS clinicians during the programme. The learning is then transferred into the classroom and home environment. We address issues of low self confidence, poor self esteem, trauma and selective mutism. Enabling children and young people to achieve their true potential brings positive outcomes to families, schools and community groups while saving resources in other council /national behavioural or criminal justice spends. We have had conversations with Greenleas School already to identify that the school has 6 appropriate referrals, which they do. We work with the CYP over 6 sessions to develop key skills such as developing their aspirations, learning how to communicate positively and dealing with conflict. Some young people don't have positive role models in their lives so sessions are facilitated by young people who they can relate to, who are trained in mental health and music in this case. We use a range of outcome measures including SDQs and RCADS to assess the success of the project and we target: - Improved engagement with school, as lessons learnt on the pitch are transferred into the classroom - Better relationships with peers, family and teaching staff - Increased ability to cope with difficulties - Reduction in behaviour points

The wider social impacts and benefits for the community are: - Better academic achievement - More resilient families - Better life choices - More resilient school communities - Less demand on CAMHS services

22. How many people in Leighton-Linslade do you expect to benefit directly from the project?

6 children and young people + their families and rest of community at school

23. Please advise the timescale for the project. The programme will last 7 weeks (assessment appointment followed by 6 interventions) at Greenleas School during term time on dates to be agreed and will be completed within 12 months following a funding decision.

24. Will the project require ongoing financial support, e.g. maintenance? If so, how will this be funded?

There are no ongoing costs to these programmes as all assessment is included in the programme price. Ongoing programmes are funded by a variety of organisations.

APPLICATION 3: LEIGHTON BUZZARD AND DISTRICT ARCHAEOLOGICAL AND HISTORICAL SOCIETY

13.	Total cost of project?	£539.99-£629.99 - (stand alone generator to power donated Grundfos pump. See 3 generator specs enclosed. If the lowest cost generator selected, any remaining funds will be used for generator fuel and service over the 2022-2023 seasons)
14.	Grant requested (maximum of £500)	£500

15.	How much has already been raised towards the project?	We have funds earmarked to make up shortfall.
16.	How will the balance be funded? (if applicable)	We have funds earmarked to make up shortfall from the Society's previous years' fees and income.
17.	Has any further grant funding been sought for this project? (if so, please specify details)	Grundfos Pumps are assisting us with a submersible pump to remove excess water from the site. (Grundfos recommended Pump spec - Unilift CC7-A1 enclosed)
18.	Has the organisation sought more than one quote for the project? (please enclose copies if possible)	Yes. Three online quotes for generator provided to pump experts Grundfos for recommendation of the most technically appropriate. (See enclosed generator specs.)
21.	<p>Please briefly describe the project, including:</p> <ul style="list-style-type: none"> - Where it will take place - How the community of Leighton-Linslade will benefit - How the project supports the community - How have you identified the need for this project? - How will you assess the success of the project? <p>(if necessary please supply further details on a separate single sheet of paper)</p>	<p>Stand alone generator required to power small, remote, submersible waste water pump (donated by Grundfos) to enable the LBDHAS archaeological dig in search of the famous C13th Old Linslade Holy Well, reputedly located close to the canal bank in the meadow opposite St Mary's Church, Old Linslade (detailed 2021 Dig Report PDF enclosed). The trenches suffer badly from regular flooding and water seepage so pump now essential to excavate deeper to locate key C13th structures and finds. Community engagement: In addition to multiple LBDAS dig helpers from the local community, around a dozen students from Linslade Middle School have also been regularly involved as part of an educational 'hands on' local history outreach. Also supported by professional local archaeologists including LB-based KDK Archaeology, the former head of Bucks County Archaeology, and more. Community Outreach: Presentation in late 2021 given to local LBDAS members with display of key finds, report published in 2022 LBDAS Transactions Journal for local community consumption, dig summary submitted to British Council for Archaeology - South Midlands Branch Archeology Journal, second presentation scheduled to Bucks Archaeology Society in May, plus future plans for more local finds displays when dig completed. Success measures: continual local community engagement; important knowledge and insights on local LB history; inspiring local students to</p>

		learn more about, and actively participate in discovering the local heritage of where they live; and ultimately, locating direct evidence of the medieval Holy Well itself for posterity and local/regional historical records.
22.	How many people in Leighton-Linslade do you expect to benefit directly from the project?	Our membership plus visitors to the dig and future readers of our Journal and visitors of exhibition of finds.
23.	Please advise the timescale for the project.	Summer 2022 and 2023 until project completed and then use for future projects.

APPLICATION 4: BUZZCYCLES

13. Total cost of project?

Park Tool Home Mechanic Deluxe Workstand PCS10.3: £284.49 from Halfords Park Tool Work Tray 105: £31.99 from Wiggle Halfords 30 piece Bike Tool Kit: £60 from Halfords Total: £376.48

14. Grant requested (maximum of £500) £376.49

15. How much has already been raised towards the project? A workshop tyre pump has been donated. Approx value £50.

16. How will the balance be funded? (if applicable) From Buzzcycles funds.

17. Has any further grant funding been sought for this project? (if so, please specify details) No.

18. Has the organisation sought more than one quote for the project? (please enclose copies if possible) Yes

21. Please briefly describe the project, including: - Where it will take place - How the community of Leighton-Linslade will benefit - How the project supports the community - How have you identified the need for this project? - How will you assess the success of the project? (if necessary please supply further details on a separate single sheet of paper)

The equipment will be used to help provide Dr Bike events. The equipment we currently use are the property of the Buzzcycles members providing the Dr Bike. The Dr Bike programme for this year is: Good Friday: Astral Park Jubilee Fayre Canal Festival Bideford Green Heather & Reach The purpose of Dr Bike is to fix basic problems with bicycles which prevent them being used. The format of the Dr Bikes is three 20 minute slots per hour with two of them pre-bookable online with an one open slot. If a bike cannot be repaired within the 20 minute slot then the owner is referred to one of the local bike shops. Buzzcycles has run many Dr Bikes at May Fayre and the Canal Festival and during lockdown we obtained a grant from Cycling UK to run Dr Bike sessions during the Saturday market. These were very successful. The most recent Dr Bike at Astral saw twenty bikes repaired. We assess the success of the Dr Bike events by the number of bikes that we repair.

22. How many people in Leighton-Linslade do you expect to benefit directly from the project?

Approx 15 bikes repaired per event

23. Please advise the timescale for the project.

April to October 2022 and then repeated in following years.

APPLICATION 5: MENTMORE ROAD UNDER FIVES

13. Total cost of project? 500

14. Grant requested (maximum of £500) 500

15. How much has already been raised towards the project? Zero

16. How will the balance be funded? (if applicable)

Board in hall to assist learning and display work.

17. Has any further grant funding been sought for this project? (if so, please specify details)

No 18. Has the organisation sought more than one quote for the project? (please enclose copies if possible) No

21. Please briefly describe the project/activity, including: Where it will take place How the community of Leighton-Linslade will benefit How the project/activity supports the community How have you identified the need for this project? How will you assess the success of the project? How do you anticipate the grant funding would be used? (if necessary please supply further details on a separate single sheet of paper)

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22. How many people in Leighton-Linslade do you expect to benefit directly from the project?

40 families

23. Please advise the timescale for the project.

Once funding is in we can order the equipment. It is a board to go on the wall and the town council have previously said there is no more funds

APPLICATION 6: South Bedfordshire Division Girlguiding

13. total cost of project? £1,200 approximately

14. grant requested? £500

15. How much has already been raised towards the project? £500

16. How will the balance be funded? Fundraising and donations

17. Has any further grant funding been sought for this project? (if so, please specify details)

Bedfordshire Girlguiding Sustainability Grant, this grant offers discretionary financial assistance up to £200

18. Has the organisation sought more than one quote for the project?

Two verbal quotes for woodworm treatment - £150 and £200 plus VAT, grounds maintenance and weed treatment £280, quote for skylight replacement and roof repairs attached – this is from a friend discounting as we are a charity - £695

21. Project details

This grant is to go towards the urgent repairs to the Leighton Buzzard and Linslade Camp and Activity storage building which is based on Buzzard Scouts land in Grovebury Road. During the last couple of years the interior has suffered woodworm and roof damage causing ivy to get into the building and damp areas to appear in many places, so the roof will need repair or replacement.

This building houses all of our camp and outdoor activity equipment, which is used by all 586 members at some time in their Guiding life.

The camp equipment, tentage, shelters and outdoor cooking equipment are our main concern as we would really like to continue to offer camping experiences to the Guides and Rangers, but without a storage facility we will not be able to do so.

We also run activity days for the Rainbows and Brownies and need the tentage in particular to make this happen. Brownies are also able to camp and build valuable life lessons and independence.

We are very concerned that if we cannot quickly do these repairs on the building, that equipment will be damaged and the opportunities we would like to give our members would stop or become very limited. The grant funding would help us get the repairs done quickly and allow us to use existing funds, that we have earmarked, to get the girls enjoying the outdoors once more.

22. How many people in Leighton-Linslade do you expect to benefit from the project?

All present and future members of Girlguiding

23. Please advise the timescale for the project – within 3 months

24. Will the project require ongoing financial support e.g. maintenance? If so, how will this be funded?

We have always held a small budget for maintenance/insurance and will continue to do this so that we can address smaller needs as and when they arise.

APPLICATION 7: NCT Leighton Buzzard and District branch

13.	Total cost of project?	£2000
14.	Grant requested (maximum of £500)	£500
15.	How much has already been raised towards the project?	We have managed to source the use of a suitable local venue for free (the next cheapest quote was £1,680.00)

16.	How will the balance be funded? (if applicable)	We intend to ask attendees for a suggested donation of £2 per session.
17.	Has any further grant funding been sought for this project? (if so, please specify details)	We were awarded a grant in the financial year 1 April 2021 – 31 March 2022 for a range of restart projects including Bumps and Babies however the dramatic increase in venue costs to hold our biggest fundraiser, the Nearly New Sale (7 May 2022) has meant we still have many remaining community events to fund.
18.	Has the organisation sought more than one quote for the project? (please enclose copies if possible)	Yes we have approached many venues for this including the Salvation Army, Leighton Buzzard Football Club and Linslade Community Hall however a location close to public transport, cost and availability have been barriers.
19.	Does the organisation have its own bank account with a minimum of two signatories?	Within the branch, we have to have two committee members approve/sign all payments made. To reduce bank charges and ensure timely and effective centralised reporting, at NCT we use a single central bank account. Head office and our branches both use this account. Each branch however has a sub account over which they retain full control. It is not possible for head office or another branch to access the sub account without prior agreement. Awards for All have accepted this approach when considering grant applications from our branches.
21.	<p>Please briefly describe the project, including:</p> <ul style="list-style-type: none"> - Where it will take place - How the community of Leighton-Linslade will benefit - How the project supports the community - How have you identified the need for this project? - How will you assess the success of the project? 	<p>NCT Leighton Buzzard & District Branch, Bumps and Babies Group</p> <p>We want to establish a new weekly 'Bumps and Babies' group for new parents and parents to be.</p> <p>It will take place at Leighton Buzzard Conservative Club, 16 - 18 High St, Leighton Buzzard LU7 1EA as they have kindly offered the use of their function room for free, is fully accessible for parents with prams and wheelchair users and is close to public transport.</p> <p>The significance of positive support during the transition to parenthood is well-evidenced.</p>

	<p>(if necessary please supply further details on a separate single sheet of paper)</p>	<p>The transition to parenthood can be a stressful time for parents, and many women feel isolated and alone in their task of caring for a baby (Deave et al, 2008). Increasingly, new parents no longer have access to extensive social systems and a growing body of research has highlighted social support as necessary in promoting maternal confidence and optimising parenting skills (Cabral, 2013).</p> <p>This group will support the community by; Aiming to reduce social isolation for parents, helping them to cope with the emotional challenges they face and promote confident parenting. Enabling parents to make friends, meet together and share parenting experiences which builds confidence and supports wellbeing.</p> <p>Research shows sharing experiences between women undergoing similar life events provides them with an opportunity to come to terms with their own experiences; and participation in parenting groups results in greater confidence and self-esteem, more containment and more satisfying family relationships (Cabral, 2013). A growing body of evidence supports the hypothesis that group sessions are helpful to fathers (Berlin <i>et al.</i>, 2020) Our group will welcome all parents / carers regardless of gender.</p> <p>We will provide access to evidence-based information and resources on sleep, baby massage, play activities, crying, breast and bottle feeding and weaning.</p> <p>This group will support the community by; indirectly assisting the development of the children by improving the emotional health, social relationships and confidence and self-esteem of the parent. The babies will also be able to explore and bond with each other.</p> <p>Our group will be staffed by volunteers, therefore we will provide the volunteering</p>
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		<p>opportunities. Known volunteering benefits include;</p> <ul style="list-style-type: none"> • Gaining confidence by trying something new and gaining a sense of achievement. • Making a positive difference to communities and society in general. • Meeting different kinds of people and making new friends. • Feeling part of something outside of friends and family. • Learning new skills and gaining experience. <p>In Leighton Buzzard there are many groups for older children (aged > 1) such as, Tot Bop, Mucky Ducks Messy Play and Mini Meerkats however these classes are mostly aimed at mobile children, out of town and chargeable. We want to create group aimed at the parent rather than the child, pregnant people and those with newborns. We want parents to be able to be able to place their babies on a play mat without an older child stepping on them. We intend to restrict the group to parents with children aged up to 12 months.</p> <p>Leighton Buzzard is undergoing a period of rapid housing development and our group will facilitate the growth and integration of these new communities into the existing population.</p> <p>We will be able to track our success by keeping track of attendance. We will ask attendees to provide verbal feedback and questionnaires on the group and what can be improved.</p>
22.	How many people in Leighton-Linslade do you expect to benefit directly from the project?	With an estimation of c. 500 babies being born in Leighton Buzzard each year, we would hope 10% may benefit from the group = 50 families.
23.	Please advise the timescale for the project.	Costs have been calculated for a group running 48 weeks between May and the end of March 2023.
24.	Will the project require ongoing financial support, e.g. maintenance? If so, how will this be funded?	The ongoing free provision of the venue will be a key driver in the sustainability of this group. However if we are able to run our fundraising events, as we did pre-pandemic, we should be able to pay for a venue if

		required. We are also hoping to start hiring baby slings again, which is a profitable income stream – making use of the venue.
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APPLICATION 8: RIVERSIDE WOMENS INSTITUTE

13. total cost of project? £300 approximately

14. grant requested? £300

15. How much has already been raised towards the project? £88

16. How will the balance be funded? Bring and buy sales, market stall, raffles, 50/50 auction

17. Has any further grant funding been sought for this project? (if so, please specify details)

no

18. Has the organisation sought more than one quote for the project?

no

21. Project details

Three years ago we lost the income from the Music in the Park refreshments and then owing to the pandemic, we had to secure an alternative meeting place. Our overheads have doubled. On our return last summer, many members did not rejoin. However we had great success recruiting on “Next Door” social media. In fact almost half of our membership is new ladies. Our aim is to retain those and future ladies by providing interesting speakers. We need to keep the momentum going. We have talked to many ladies over the last year. There is a great need for women to meet in a safe environment. As a well known establishment, we can provide this for all local women. We discuss our hopes and ideas at our monthly meetings. In fact our committee has grown from 5 to 9. We really want our group to be a local success.

22. How many people in Leighton-Linslade do you expect to benefit from the project?

40+

23. Please advise the timescale for the project – within 12 months/ongoing

24. Will the project require ongoing financial support e.g. maintenance? If so, how will this be funded?

No – we will continue to hold fundraising events

APPLICATION 9: RECLAIM LIFE

13. Total cost of project?: £1390.00

14. Grant requested (maximum of £500): £500

15. How much has already been raised towards the project?: £300

16. How will the balance be funded? (if applicable): Through donations and fundraising

17. Has any further grant funding been sought for this project? (if so, please specify details): No

18. Has the organisation sought more than one quote for the project?: No

21. Please briefly describe the project/activity: Training Volunteer Reclaim Life Life Coaches

Reclaim Life would like to be considered for funding towards running life coaching training sessions, with an aim to train more people with Reclaim Life life coaching skills. Recruiting and training volunteers to work with our life coaching training programme, will increase our number of volunteer life coaches. This will enable us to continue to offer our free support at the time of need.

Our life coaches help people who are experiencing emotional distress to understand their emotional needs, learn coping strategies and techniques to help with managing stress, anxiety, anger, trauma and depression.

Since 2010, we have been offering our free life coaching to people in Leighton Buzzard, surrounding areas, having helped over 1500 during this time.

We offer our service to people in the community who are over 18. We support people from all backgrounds, ages, cultures and life experiences who are experiencing emotional distress.

We have continued to support people during the pandemic and adapting the way we offer our support. Over the last 2 years when we have been unable to have face to face sessions, we have provided support via telephone and zoom. In June 2022, we will open the Reclaim Life Centre in Bridge Street, where we will have a base within the heart of the community.

We are already seeing the effects of the pandemic and how the last two years has affected and continues to impact people's emotional and mental health. Over the last 2 years we have also had an increase of clients working in the NHS, Social care, Care sector and those who have been working on the front line during this time.

Feedback from clients, they have told us how important it is to have help and support at the time they need it. Waiting times for support via the NHS can be 6 – 9 months. Reclaim Life have been able to put support in place sooner, on average support starting within 3 weeks of first contact.

Our project to train volunteers - we plan to run training programmes, each programme involves 22 hours of initial training, training materials

and resources for each volunteer, with further ongoing support, training and development for our volunteer life coaches.

We have people who wish to volunteer as life coaches but are not always able to fund the training themselves, a missed opportunity for us and the support that we offer. Funding towards this project would mean that we can offer this training and volunteering opportunity to more people or those with limited finances.

Increasing the number of people trained in our life coaching skills and volunteer life coaches would mean that we can reduce the amount of time clients would be on the waiting list and increase the number of people that we can offer support to, at a time when this is needed the most. We will also be offering the opportunity for people to gain skills, experience and positive rewards from being a volunteer life coach.

The success of the project will be measured on the completion of the training sessions and monitoring of numbers of people self referring to us and the support being provided.

22. How many people in Leighton-Linslade do you expect to benefit directly from the project?:

We plan to run minimum 2 training programmes, aiming to train 20 people with the Reclaim Life life coaching skills. In a 12 month period, on average Reclaim Life supports 100 people directly through coaching, however our support also has an impact on others around our clients, so often we are helping many more people. This number will increase as we return to face to face support at the new centre.

23. Please advise the timescale for the project.:

Reclaim Life support is ongoing. We plan to run the training programmes during the next 8 months.

24. Will the project require ongoing financial support?:

Ongoing fundraising and donations to Reclaim Life will help to fund the ongoing work of volunteer life coaches.