

TACTIC Two-Year Delivery Plan 2018/19 to 2019/20

Project CORE Service A	Objectives What are we going to deliver in relation to the project	Target Numbers	Impact on Young People	Timescale	UPDATE 07/2020
Drop-In Facility	To offer 4 - 5 after school drop-in sessions at the centre.	20- 25 per day, 80 – 100 contacts per week	<ul style="list-style-type: none"> • To engage with professionals for support and build trusting relationships with others. • To get involved in relevant awareness sessions and positive activities. • To be available for initial support and referrals to other agencies if needed. 	G	<p>In place - Up until March 2020 and the COVID-19 pandemic, numbers for drop in were on average 30 per day with ongoing regular attendance.</p> <p>Some new members attended following promotion of TACTIC within school assemblies.</p> <p>Currently on hold due to COVID-19</p>
Mentoring	To offer one-to-one mentoring support for young people aged 12 – 19yrs with a qualified youth worker	40 per year	<ul style="list-style-type: none"> • Access one-to-one support to address issues affecting them. • A confidential space for young people to communicate more effectively and identify challenges to make positive change. • To plan goals and achieve increased emotional well-being. 	G	<p>In place – 26 supported from Sept 2018 to May 2019 with 6 currently open.</p> <p>During 2019 – March 2020 38 cases have received mentoring support. There are currently 10 open cases.</p>

			<ul style="list-style-type: none"> • Increased self-confidence. 		
Youth Counselling	To offer a local youth counselling service in conjunction with an external agency.	4/5 hours per week for 42 weeks	<ul style="list-style-type: none"> • Increase emotional resilience and improve emotional well-being in young people. Young people can share their experience of problems at school, issues within the family or generally not feeling good about them self and to try techniques to develop their mental health and coping strategies. • Counselling allows therapeutic space to explore how they are feeling and can help tackle anxiety and depression. 	G	<p>In place – CHUMs wellbeing service/SLA in place</p> <p>31 cases received support from Talk Space during 2019 – 2020. The core ages of the young people ranged from 13 – 15 years with the majority of issues arising linked to, anxiety, self-harm, and relationships.</p> <p>Service currently on hold due to COVID-19</p>
Sexual Health	To offer advice & information on sexual health. Deliver the condom card scheme. Pregnancy testing/Chlamydia screening.	30 per year	<ul style="list-style-type: none"> • Keep young people safe and reduce risky behaviour. • Contraception advice and reduce teenage pregnancy. • Relationship support and safe sex. • Referrals to specialist external advisors. 	G	<p>In place –</p> <p>49 people accessed the Condom Card Scheme</p> <p>8 pregnancy tests were completed (all negative)</p> <p>23 chlamydia tests completed</p> <p>8 referrals signposted to iCaSH</p>

	(In conjunction with external services provider - Brook)				
Youth Forum	To develop and maintain a youth forum of young people to gather programme ideas for the centre and contribute to the wider Central Bedfordshire Council's Young People's Panel	8 – 10 young people	<ul style="list-style-type: none"> • To have a voice on what matters to them and campaign with others. • Become active youth volunteers and develop new skills. • To increase communication and self-confidence. 	G	<p>In Place - 8 young people involved</p> <p>With several of the existing Forum members leaving to attend college and university, we now have 5 new Young People as Forum members.</p> <p>They are working well and have launched a booklet on Puzzled Minds – focusing on Mental Health issues.</p>
TANG – Teenagers with Additional Needs Satellite Project (1)	To offer a weekly youth club of positive activities for disabled young people aged 12-19yrs at	8 – 10 young people	<ul style="list-style-type: none"> • To broaden their social circles, engage with youth workers for support and build trusting relationships with peers. • To access and take part in positive activities out of school. 	G	<p>In Place – 8 young people attending</p> <p>Sessions continue with 8 young people attending regularly. A young person volunteer continues to support the group.</p> <p>Sessions currently on hold due to COVID-19</p>

	Mentmore Pavilion		<ul style="list-style-type: none"> To be available for initial support and referrals to other agencies if needed. 		
Satellite Project (2)	To offer project work targeted at specific groups in different areas of need on a 4 to 6-week basis e.g. Sandhills, Meadow Way, Linslade, parks, etc.	8 – 10 per project	<ul style="list-style-type: none"> To engage with youth workers for support and build trusting relationships with peers. To access and take part in positive activities out of school. To be available for initial support and referrals to other agencies if needed. To offer an outreach service of TACTIC for 11-12yr olds /juniors. To offer positive activities in areas with little provision and engage teenagers. 	G	<p>Staff Recruited – Sports in Pages Park pilot project in place</p> <p>Basketball continued to be successful with a core group of 10 young people attending weekly. The winter months saw the sessions moved to Brooklands school with proposed return to Pages Park in March.</p> <p>Currently on hold due to COVID-19</p> <p>Box release was due to start in 2020 but due to COVID-19 the project has been temporarily put on hold.</p> <p>During Summer 2019 staff conducted weekly outreach sessions to ensure contact with young people remained during the summer holidays.</p>
Holiday Projects	To offer Easter and Summer holiday activities for 12 - 19yr olds.	30 -40 per week	<ul style="list-style-type: none"> To take part in affordable positive activities in their social time with peers and maintain social networks during school breaks. To be available for initial support and referrals to other agencies if needed. 	G	<p>In Place / ongoing</p> <p>Numbers were lower than average for this time of year, however some 15 young people joined in Basketball and Sports activities during Summer 2019, and a further 10 young people completed a First Aid Course.</p> <p>Staff completed 6 sessions of Outreach working.</p>

			<ul style="list-style-type: none"> • To have the opportunity to gain accreditation/ training • To offer an outreach service also serving as recruitment / promotion of service. 		
Promotion and public communication	Provide web site and social media communications.	Web site reviewed and updated by Sept 2018	<ul style="list-style-type: none"> • To provide remote access information about the centre, it's services and links to support networks. • To communicate with young people through accessible social media. 	A	<p>Underway – liaising with Democratic & Central Service team.</p> <p>Newly designed Website now up and running with positive feedback from users.</p>

Project NON - CORE Service B	Objectives What are we going to deliver in relation to the project	Target Numbers	Impact on Young People	Timescale	
Work Club	To offer a weekly work club for 16-21yr olds to support with gaining education, employment or training. (In conjunction with external service provider - Amicus Trust.)	8 – 10 young people per project	<ul style="list-style-type: none"> To increase chances of gaining employment or training by offering one-to-one job search support. To motivate NEET (Not in Employment, Education or Training) young people and reduce barriers to securing employment, learning or training. 	R	<p>Cancelled - External partner agency withdrawn due to end of their funding grant.</p> <p>Close of work club and re-refer to 4YP agency.</p>
Play-Schemes	To offer Easter (3 days) and Summer (4 days) holiday activities for 8-11yr olds	24 -32 per day	<ul style="list-style-type: none"> To take part in affordable positive activities in their leisure time with their peers in the local community. To offer an outreach service also serving as recruitment / promotion of service. 	G	<p>An average of 30 young people attended the Playscheme sessions in both Easter and Summer 2019.</p> <p>Unfortunately, due to COVID-19 Easter and Summer sessions 2020 were cancelled and future ones are currently on hold.</p>

<p>Community Hirers</p>	<p>To offer the centre's facilities for affordable hire to community/charity groups during the day and out of core TACTIC hours</p>	<p>18/20 hrs per week</p>	<ul style="list-style-type: none"> • Benefits community members as they can access a town centre facility to link with other community groups. • Maximise council asset and generate income. 	<p>G</p>	<p>In place – 16.5hrs booked currently.</p> <p>During 2019 – 2020 an average of 19 hours per week were being accessed by Hirers.</p> <p>Due to COVID-19 this service has been put on hold.</p>
<p>Schools Offer/Assemblies</p>	<p>To attend school assemblies at upper and middle schools to promote TACTIC. To offer a school offer of workshops to upper and middle school.</p>	<p>4x assemblies per year</p> <p>Workshops as requested</p>	<ul style="list-style-type: none"> • Attend school assemblies to meet a wider range of young people and promote the services of TACTIC. • Provide themed workshops for students to gain further understanding about issues and support their personal, social and self-development. • Maximise council asset and generate income. 	<p>G</p>	<p>In place / ongoing</p> <p>A total of 23 workshops were delivered to middle and Upper schools during 2019/2020 and topics included Knife Crime, Emotional Wellbeing, Drugs and alcohol and Anti-Social Behaviour.</p> <p>Staff delivered a total of 11 assemblies to both middle and upper schools. It is planned for each school to receive a minimum of 2 assemblies per year from TACTIC.</p> <p>Aiming to resume once schools return in September 2020.</p>